

TOC - BUILD YOUR MODEL: WEEK 6 ACTIVITY



About this activity

This activity sheet reflects the activity steps documented on your MURAL activity. Use this as a summary of the steps and document your answers in MURAL.

This activity refers to the template:

 Building a TOC Activity Template (*in Mural - you will have received an individual link via email*).

1 CAUSAL LOOP - 'STAFF STRESS' EXAMPLE

Use the area in Mural to complete A - E.

A. Insert three blue stickies to represent three outcomes.

B. Type the three outcomes into the outcome boxes

- Staff stress
- Staff absences.
- Quality of services

C. Insert directional pathways between the outcomes.

Note

- See Mural for tips on how to add a curved directional pathway.

D. Mark the relationships of each directional pathway as either '+' or '-'.

E. Label the type of causal loop - this loop is a reinforcing causal loop. Use a text to add "R" to the centre of the causal loop.

2 CREATE A CAUSAL LOOP FOR YOUR MODEL

Use the area in Mural to complete A - G.

A. Choose a group of 3 outcomes that is suitable for a causal loop.

Note

- You may need to create a new outcome.

B. Copy or insert the three outcomes into the area provided above.

C. Check the outcome boxes in the group are all neutral (i.e. no "increasing" or "decreasing", e.g "increased health" changes to "health").

D. Create the directional pathways between the outcomes.

E. Mark the relationships of each directional pathway as either '+' or '-'.

F. Identify what type of loop it is (i.e. reinforcing (virtuous or vicious) or balancing).

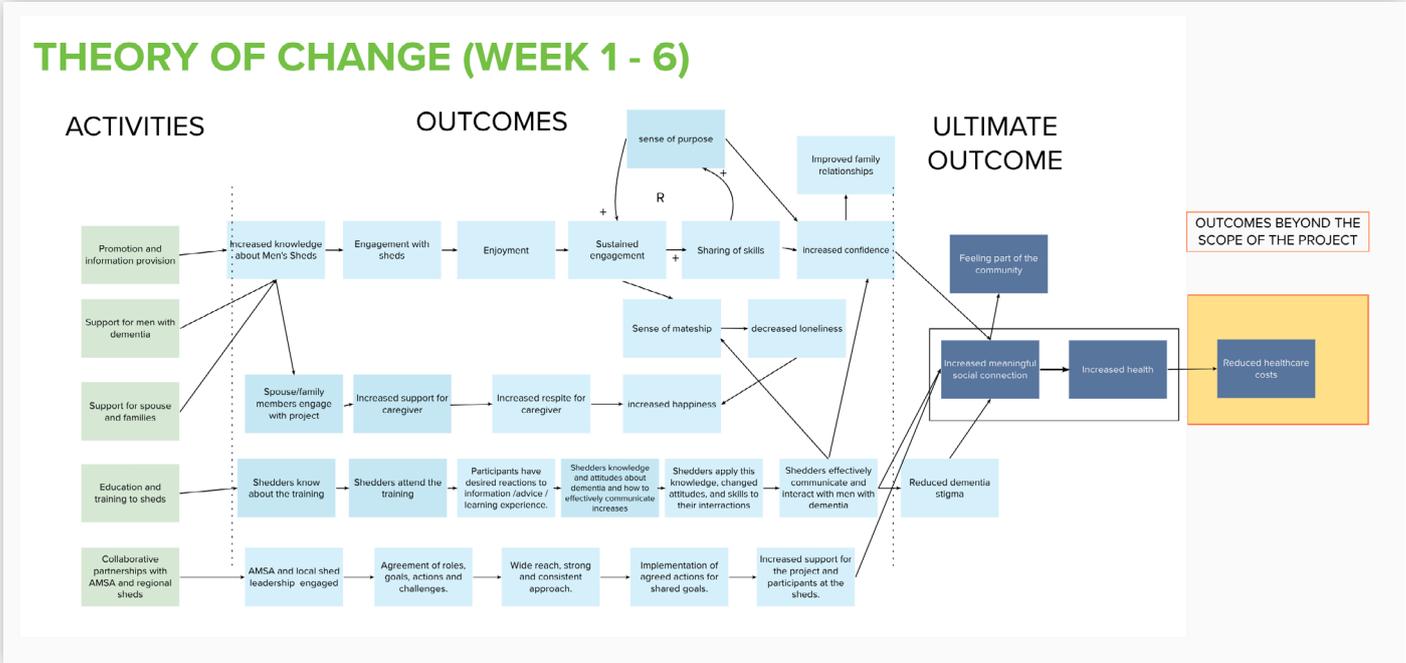
G. Add "R" for reinforcing or "B" for balancing in the centre of the causal loop.

EXAMPLE Activity

By the end of the activity you will have created a causal loop for your TOC model.

The image below shows an example of a TOC in Mural at the end of week 6 activity.

Visit the example MURAL to see how steps 1 - 2 were completed.



ACTIVITY extension

- Add the causal loop you created in the area provided to your TOC model (either your Mural Model or Draw.io model).
- Create an additional causal loop and add this to your model.
- Check the outcome boxes in the group are all neutral (i.e. no "increasing" or "decreasing", e.g "increased health" changes to "health").